



St. Mary's Catholic School Wellness Goal for 2025-2026 School Year

Nutrition Education Goals

1. Increase lunch participation from SY 24 - 25.

Measurements and outcomes:

Goal	Date of Implementation	How the goal will be implemented	Outcome
1. Maintain 75-85 daily student lunch participation from SY 24-25.	8-19-2025	Implementing new lunch menus, introducing new fruit and vegetables. More nutrition education within the classroom of healthy eating. Improve our Staff Wellness.	FILL IN AUGUST 2026 After reviewing our 25-26 daily lunch count numbers we reached our goal every day throughout the school year. Our average daily student count was 100 students. We also educated our students/staff on farm to school and healthy eating habits.