



St. Mary's Catholic School Wellness Goal for 2026-2027 School Year

Nutrition Education Goals

1. Increase lunch participation from SY 25-26.

Measurements and outcomes:

Goal	Date of Implementation	How the goal will be implemented	Outcome
1. With the increase in students we need to increase the daily lunch participation from LY 25-26. (100-130 students per day eating)	9-10-2026	Implementing new lunch menus reflecting the 2027 sodium levels, introducing new fruit and vegetables. More nutrition education within the classroom of healthy eating.	FILL IN AUGUST 2027