

*St. Mary's Catholic School*

**Wellness / Science Meeting Notes**

Thursday, September 25, 2025

3:15 p.m. – 3:45 p.m.

Agenda:

1. Review the current Wellness Policy.
  - a. Does anyone would like to make any changes? **After everyone reviewed the Wellness Policy – no one had any changes that needed to be made.**
2. Complete Assessment – **We completed the year Assessment and will be posting the results in the kitchen area walkway and on line.**
3. Review our 2024-2025 goals. Did we meet them? **We fell short on some of our 24-25 goals. We fell short on the number of students we served daily – our goal was to serve 80-85 students daily and over 60% of the total days we served lunch however we only had 59 days and 36% of with an average of 76 students per day.**
4. Set new goals for 2025-2026 school year. – **We maintained the same goals of introducing new fruits and vegetables, new lunch menus, 75-85 students eating hot lunch daily and increase nutrition education within the classroom.**
5. Family & Fitness Night
  - a. Setting a date – **Wednesday, January 28<sup>th</sup>, 2026 from 5:30 p.m. – 7:30pm**
  - b. Planning – **Ms. Higgins will be creating the flyer and Ms. Bronder will be creating the schedule of events once all sponsors are reserved.**
  - c. Reaching out table sponsors - **Ms. Bronder and Mr. Wordeman will be reaching out to local businesses**
6. Science/Wellness in the classroom
  - a. Ag in the classroom. “Farm to School Lesson” in the classroom.
    - i. What is grown and produced in Wyoming?

- ii. All resources were given to teachers on September 17, 2025 during our staff meeting.

– **Teachers were asked to educate students on Ag in the classroom during the month of October. On October 8<sup>th</sup> our school will be celebrating “Farm to School” and will serve local Wyoming Beef Tacos.**

**7. Next Meeting Date: Tuesday, January 6<sup>th</sup>, 2026 at 3:15 – 3:45 p.m.**

**8. Q & A -**

- a. Please remind 5<sup>th</sup> & 6<sup>th</sup> graders to start planning for their Science Fair projects and ask if anyone needs help. Also, maybe seeing if 4<sup>th</sup> grade would like to participate this year.**

### **Attendees'**

Committee Members Present: Kathleen Higgins, Danille Glowacki, Christie Bronder, Heather Smith, Beth Thompson and Jennifer Loskota.

Committee Members Absent: Jeff Wordeman

No Parents nor students were present.