



St. Mary's Catholic School Wellness Goal for 2025-2026 School Year

Nutrition Education Goals

1. Increase lunch participation from SY 24 - 25.

Measurements and outcomes:

Goal	Date of Implementation	How the goal will be implemented	Outcome
1. Maintain 75-85 daily student lunch participation from SY 24-25.	8-19-2025	Implementing new lunch menus, introducing new fruit and vegetables. More nutrition education within the classroom of healthy eating. Improve our Staff Wellness.	FILL IN AUGUST 2026