

## St. Mary's Catholic School Wellness Goal for 2022-2023 School Year

### Nutrition Education Goals

1. Maintain lunch participation from SY 21-22.

### Measurements and outcomes:

Goal	Date of Implementation	How the goal will be implemented	Outcome
1. Maintain 80-85 daily student lunch participation from SY 21-22.	8/22/22	Implementing new lunch menus, introducing new fruit and vegetables. More nutrition education within the classroom of healthy eating.	WE had 105 days out of 165 days that we were within our range of daily participation of 80-85 students. Which came out to be 63% percent for the year.