

# St. Mary's Lunch Menu October 2017

St Mary's Catholic School educates the whole child spiritually, intellectually, and physically.

**Lunch Prices**

PreK-12 \$2.45  
 Adults \$3.25  
 Reduced: \$.40  
 Extra Milk \$.50  
 Extra Entree' Item \$1.50

WG = Whole Grain

Students, please don't forget to sign up for seconds if you are planning on eating. This helps the kitchen staff out in the kitchen with planning our daily food.



This institution is an equal opportunity provider and employer.

Su	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Chicken Patty Sandwich Baked Beans Sliced Apples Milk	3 WG French Toast Sticks Cheese Sticks Celery & Carrots Orange Slices Milk	4 Fish Sticks Spinach/Romaine/Tomato Salad Peaches Milk	5 <u>Bake sale/Dress down</u> Meatball Sliders Roasted Potatoes Banana's Milk	6 Chicken WG Corn Dogs Green Beans Apple Sauce Milk	7
8	9 No school  Staff Development No Aftercare  National School Lunch Week 10/9-10/13	10- <u>PTO Mtg @ 6pm</u>  Hamburger on WG roll w/ pickles, lettuce and tomatoes Baked Beans Smiley Potatoes Pears Milk	11 Cheese Nachos w/ Tomatoes & Lettuce Refried Beans Peaches WG Chocolate Chip Cookie Milk	12 Peperoni Pizza Spinach/Romaine/ tomato salad Strawberry cups Milk	13 Mac & Cheese Celery & Carrots Oranges Milk	14
15	16 WG French Toast Sticks Carrots & Celery FF Ranch Mixed Fruit Milk	17 <u>Chic-Fli-A Day</u> Grilled Cheese Tomato Soup Spinach Salad FF Ranch Grapes Milk	18 Sloppy Joes Baked Beans Broccoli & Cauliflower Orange Slices Milk	19 Hamburger on WG roll w/ pickles, lettuce and tomatoes Roasted Potatoes Warm Apple slices Milk	20 Early Release @ 11:30-In Service  Extended care will be available-please sign	21 Fall Festival 5:30-8
22	23 Spaghetti Spinach/Romaine/ Tomato Salad Grapes Milk	24 Chilli WGR Cinnamon Roll Celery & Carrots Orange Slices Milk	25 Fish Sticks Green Beans Peaches WGR Chocolate Chip Cookie Milk	26 Baked Potato w/ Cheese and Sour Cream Broccoli WG Roll Jell-O w/ Fruit Milk	27 Chicken Soup w/ WG Roll & Cheese Stick Celery & Carrots Banana Milk	28
29	30 Cheese Pizza Corn Grapes Milk	31 <u>Happy Halloween</u>  Nachos w/ Meat and Cheese Sauce Refried Beans Lettuce & Tomatoes Apple Slices Milk	1 Chicken Nuggets Roasted Potato's WGR Roll Broccoli Mixed Fruit Milk	2 Early Release @ 11:30  Parent Teacher Conferences	3 No School- Parent Teacher Conferences  Winefest	4